



# ALEXANDRIA TODAY OCTOBER 2020 EDITION

47 Washburn Road, Alexandria, NH 03222 [www.alexandrianh.com](http://www.alexandrianh.com) [alexandrianh@metrocast.net](mailto:alexandrianh@metrocast.net) 603-744-3220



Alexandria Waste Management Committee 10/20



Recycling is contagious; You set the example, and others will follow

**Trivia Quiz Question for the Month:** *What is the size of Texas, and floats?* (see bottom of newsletter article for correct answer)

## Money in our Pockets

We continue to save money by recycling. In August we had revenue of \$162 from aluminum cans, \$305 from tin and light metals, and \$705 from other metals. That bring our year-to-date savings to \$4,388. We are still behind last year at this time by about \$2,000 but can still net a year end savings of well over \$5,000 if we all continue our recycling efforts. It's been a tough year for recycling, but thanks to you, unlike many other communities, we have been able to continue our program and continue to save money. Remember that in addition to saving us money, your efforts to recycle have a positive impact on our environment and preserve our natural resources. Thank you all.



## What's New at the Transfer Station

The Siting Committee met on September 1st, 15th, and 29th. Most of the meeting on the 1st was with architectural engineer Erin Darrow during which we continued our discussion regarding the topography of the newly acquired property and potential site locations for the transfer station facilities and gravel excavation. An 'alteration of terrain' permit will be required because of the area involved – this was not unanticipated. A soil survey will be conducted to evaluate contamination if any prior to excavation or alteration of terrain. Additionally, our discussion covered the possible need for some additional testing, which will be evaluated at a future date and will not prevent us from moving forward with the initial phases of the project. Erin will be joining future TSSC meeting via conference call to provide updates and provide input as needed. The meeting on the 15th was attended by Mr. Nik Coats, Town Administrator of Bristol, and Mr. Herb D'Arcy, Bristol Sustainability Committed which gave us the opportunity to discuss possibilities for joint ventures regarding the new Alexandria facility. The possibilities and opportunities for joint ventures with surrounding communities are important considerations for long-range planning and are important to explore during the early stages of the planning process. Highlights from the meeting of the 29th were not available for publication when this article was written.

A survey questionnaire seeking input from the residents was approved and is available at the transfer station, Municipal Building, and on-line. Please take the time to complete this survey and return it to the Selectman Office at the Municipal Building after completing it. Your input is especially important to us and will help guide us in the development of the new facility.

The newly formed finance committee consisting of Sue Hunt, George Tuthill and Steve Whitman had its initial meeting 22 September. The purpose of the committee is to investigate and evaluate long-term option for financing the development of the new transfer station facility. Minutes from these meetings will be posted on the town website.

We are continuing to make good progress; however, there is a lot of preliminary groundwork that needs to be completed before you'll begin to see actual activity on site - bear with us. Copies of the minutes may be viewed on the town's website under the Commission/Committee topic heading [all minutes are subject to approval by committee members at the next scheduled TSSC meeting and are subject to change until that time]. You are encouraged to attend meeting and reference the minutes for more detailed information. This section of the newsletter is not intended to replace the minutes, but rather to give residents a status overview as we move forward.

*Meeting minutes, newsletters, alerts and other helpful information is updated on the Town's website on a regular basis.*

**Visit us at [www.alexandrianh.com](http://www.alexandrianh.com) or find us on Facebook: <http://www.facebook.com/alexandrianh>**



# ALEXANDRIA TODAY OCTOBER 2020 EDITION

47 Washburn Road, Alexandria, NH 03222 [www.alexandrianh.com](http://www.alexandrianh.com) [alexandrianh@metrocast.net](mailto:alexandrianh@metrocast.net) 603-744-3220



**IT'S HERE! THE SURVEY QUESTIONNAIRE – IT'S YOUR CHANCE TO LET US KNOW WHAT YOU WANT AT THE NEW TRANSFER STATION FACILITY. QUESTIONNAIRES ARE AVAILABLE AT THE TRANSFER STATION, THE MUNICIPAL BUILDING, AND AS AN ON-LINE SURVEY. PLEASE TAKE THE TIME TO PARTICIPATE!**

Things are going well at the transfer station and the staff are making ready for winter. Winter presents some unique and sometimes difficult challenges for the staff and your understanding is greatly appreciated. Keeping the bins free from contamination is especially difficult during the winter months as snow and ice make it difficult to see and/or remove items. Please take special care not to throw material where it doesn't belong. Thank you for your understanding and cooperation. Sand w/o salt is no longer available at the transfer station; however, it is available 24/7 behind the Municipal Building. Restrictions of five 5 gal. buckets apply and sand is for residents' use only. Please see the town website for a complete list of regulations and non-compliance fines.

There is one change we will be making at the transfer station beginning Monday, November 2nd and that is that the hours of operation on **Wednesdays** will be 8:00am to 4:00pm during the winter months. Please remember that the transfer station does not admit residents **after 3:45pm**; this restriction allows for the orderly closing and lockdown of the facility.

A reminder from last month's newsletter: because of an increase in our disposal cost for tires, we were forced to increase disposal costs to our residents. New fees now in effect are: regular car tires are \$3.00 ea. w/o rims and \$4.00 ea. with rims; other size tires are charged according to size and # of ply. Please note the size and see the attendant before disposing of any tires. We regret that an increase is necessary, and rest assured that this increase only reflects the additional cost to us – all fees charged at the transfer station are reflective of our cost for disposal, no profit is built into any of the fees we charge.

We continue to do our best to keep the recycling process as simple as possible for our residents, but things change, and we have no alternative but to go along with the changes. Please understand that the staff at the transfer station are not trying to give you a hard time when they stop you from putting something that doesn't belong in a recycling bin or question you about not displaying a sticker, it's their job and they are merely trying to save the town money.



Creative ideas for recycling, reusing items, and interesting articles or websites offering recycling ideas are always welcome as are comments and suggestions about the newsletter articles. Please submitted your comments to: [steve.whitman@hotmail.com](mailto:steve.whitman@hotmail.com); be sure to state "recycling comments" in the subject. In some cases, with the author's permission, comments may be printed in

subsequent issues. You can visit the transfer station webpage on the town website [<http://alexandrianh.com/departments/transfer-station/>] for more information about the transfer station as well as links to recycling information sites. Thank you all for your continued support; thanks to you our program is working.

*Ans. to trivia quiz: In the Pacific Ocean, between California and Hawaii, there is a "Great Pacific Garbage Patch," which is about the size of Texas. The garbage extends 20 feet down into the water and contains over 3.5 million tons of garbage. It is estimated to double in size in the next 5 years. The Great Pacific Garbage Patch is the largest of several such patches located in oceans throughout the world. Please dispose of your trash responsibly – marine creatures and the survival of our planet depend on it.*

## Alexandria Conservation Commission



One of the major concerns from a conservation perspective during the winter months is pollution of lakes, streams, and ground water supplies from run-off. While run-off pollution is problematic year-round, winter concerns are heightened by the presents of deicer compounds used to melt and control ice buildup. Every effort is being made by the state to minimize the impact road treatment has on the environment while maintaining the safety of our highways. As individuals, we can also help by taking the time to evaluate our needs and understand the alternatives for meeting those needs.

*Meeting minutes, newsletters, alerts and other helpful information is updated on the Town's website on a regular basis.*

**Visit us at [www.alexandrianh.com](http://www.alexandrianh.com) or find us on Facebook: <http://www.facebook.com/alexandrianh>**



# ALEXANDRIA TODAY OCTOBER 2020 EDITION

47 Washburn Road, Alexandria, NH 03222 www.alexandrianh.com alexandrianh@metrocast.net 603-744-3220

Obviously, to function and remain safe in our homes and businesses, we need to remove ice and snow from our driveways and walks. The most effective method is to keep ahead of the storm and not let the snow accumulate and compress. If possible, plow or shovel your driveways and walks periodically during a storm; try to provide drainage pathways which allow water from melting snow to drain away from traffic areas. In most cases, a light sprinkling of sand will provide the traction and safety needed and will help avoid having ice build-up that requires application of a deicer product.

If, despite all your efforts, you find it necessary to use a deicer product, take the time to read the label carefully, and keep the following in mind when making your selection:

Research done by numerous study groups throughout the country has concluded; all deicers have the potential to damage surfaces such as asphalt, concrete, metal, and wood, as well as vegetation even when applied in accordance with manufacturer's instructions. Heavier than recommended applications will not work any more effectively and may increase the potential for damage. The following comparison was prepared by *Consumer Reports* in 2014.

- Calcium Chloride based products – fast acting, works in sub 0o F temperatures.
- Calcium Magnesium Acetate based products – environmentally friendly, not effective in temperatures below 20o F.
- Magnesium Chloride based products – fast acting, environmentally friendly, works in sub 0o F temperatures, safer around pets, but lethal if ingested by pets suffering kidney disease. The following is a comparison based on a report from Consumer Reports
- Potassium Chloride based products - environmentally friendly, not effective at temperatures below 25o F, safer for pets, but lethal if ingested by pets suffering kidney disease.
- Sodium Chloride (rock salt) based products – not effective at temperatures below 20o F, inexpensive, lethal to pets if ingested.

So, as we head into the winter months, enjoy the season and all it has to offer; however, please keep the environment in mind. Remember, what you put on your driveways and walkways will eventually end up in our streams, lakes, and ground water. Nature does her best to filter out harmful elements and maintain uncontaminated water resources, but nature can accomplish only so much and needs our help. Use deicers sparingly, substitute untreated sand, kitty litter, or sawdust whenever possible. Provide drainage paths to channel water from melted snow and ice to areas on your property where the soil can absorb the water and filter it naturally. A little extra effort is all it takes to preserve our environment and natural resources.

## Selectmen's Office

The Budget Committee will begin joint meetings with the Selectmen and Town Departments and Commissions to review proposed 2021 budgets in October. The meetings are open to the public and will be recorded and available for viewing online within a few days of the meeting. Copies of the proposed department budgets will be available at the meetings.

Tuesday, October 13, 2020 at 6:00 pm	Town Clerk/Tax Collector Transfer Station Health Department
Tuesday, October 27, 2020 at 6:00 pm	Highway Department
Tuesday, November 10, 2020 at 6:00 pm	Police Department Fire Department Emergency Management
Tuesday, November 24, 2020 at 6:00 pm	Planning Board Treasurer Cemeteries Supervisors of the Checklist Trustees of Trust Funds Conservation Commission
Tuesday, December 8, 2020 at 6:00 pm	Review all other budget lines



## ALEXANDRIA TODAY OCTOBER 2020 EDITION

47 Washburn Road, Alexandria, NH 03222 [www.alexandrianh.com](http://www.alexandrianh.com) [alexandrianh@metrocast.net](mailto:alexandrianh@metrocast.net) 603-744-3220

### Town Clerk/Tax Collector's Office

#### GENERAL ELECTION



**Tuesday, November 3, 2020**

The General Election will be held at Alexandria Town Hall, 45 Washburn Road, Alexandria, NH. The polls will be open from 8:00 am to 7:00 pm.

The Town Clerk/Tax Collector's office will be closed on Tuesday, November 3, 2020 for the General Election. Please plan accordingly.

The Supervisors of the Checklist will be in session at the Alexandria Town Hall (45 Washburn Road) on Saturday, October 24, 2020 between the hours of 11:00 and 11:30 am for additions and corrections to the checklist. Party changes will be accepted. October 24, 2020 is the last day to accept voter registration applications until Election Day on November 3, 2020.

**Absentee Ballot** request is available on the town's website at <http://alexandrianh.com/departments/town-clerk-tax-collector/>, in the Town Clerk's office, or by calling the Town Clerk's office at 603-744-3288.

### Town Hall Preservation Committee

In the next several weeks you will see some painting activity going on at the Town Hall. I'm referring to this effort as the "Save the Clapboards" project. This is *not* the intended work that was contemplated when we asked for funding at the Town Meeting earlier this year. We are unable to be fit into our painter-of-choice's schedule for this fall, as you will remember that this effort consists of a number of components including lead abatement, repair of clapboards and trim. Painting is actually the easy part of the job.

The work being done will sand, prime and paint those areas that are not in need of lead abatement; primarily where bare clapboard is showing. We are fortunate to have received a gift of primer and top coat from Benjamin Moore to be used for this effort with materials left to give us a head start on the bigger project.

We are also working to repair the east side porch roof where the flashing meets the clapboards to eliminate water seepage.

As we have been working out all of the moving pieces the paint conditions have worsened. This effort will buy us some time as well as stabilize some materials.

If you should have any interest in helping with the project please contact Deb Glidden @ [moosepathfarmstainedglass@gmail.com](mailto:moosepathfarmstainedglass@gmail.com).

*Meeting minutes, newsletters, alerts and other helpful information is updated on the Town's website on a regular basis.*

**Visit us at** [www.alexandrianh.com](http://www.alexandrianh.com) **or find us on Facebook:** <http://www.facebook.com/alexandrianh>



# ALEXANDRIA TODAY OCTOBER 2020 EDITION

47 Washburn Road, Alexandria, NH 03222 [www.alexandrianh.com](http://www.alexandrianh.com) [alexandrianh@metrocast.net](mailto:alexandrianh@metrocast.net) 603-744-3220

## Other Local Events/Organizations

### DAY AWAY PROGRAM

Social Program for Adults with Alzheimer’s Disease or related Dementias

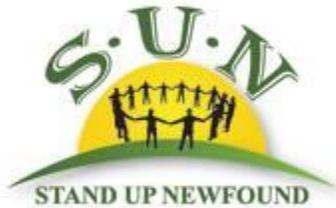
Now in existence for five years, the Day Away program is a social program for adults with early stages of Alzheimer’s and related dementias. This program provides their caregivers a much-needed respite and relief from constant care and responsibility. Day Away provides a safe and comfortable atmosphere. We encourage socialization and help participants to maintain their independence, be mentally stimulated and remain active. Trained volunteers and a Registered Nurse, who is the Director of Program, provide one on one supervision for every participant.

Day Away is a non-profit program held on Thursdays from 9:00am to 3:00pm in Simard Hall at Our Lady of Grace Chapel in Bristol. Day Away is nondenominational and open to all families and caregivers in surrounding towns. As each participant advances in their journey, and he or she is no longer eligible for this program, we know through conversations with their caregivers, we have made a positive difference in each of their lives and in the lives of their caregivers.

If you know of any person/family who can benefit from our program or if you would like to volunteer, please contact: Sandra Coleman RN, BSN, Director of the Day Away Program. Email – [sjrnett@roadrunner.com](mailto:sjrnett@roadrunner.com)

### Stand Up Newfound

Are you impacted by the struggles facing our community with substance misuse? Stand Up Newfound is a small group of individuals trying to bring light onto a difficult subject, encourage prevention and education, and support those impacted by this difficult disease. Please join us the first Tuesday of each month, Minot Sleeper Library, 6:30 p.m.



Please contact us with any questions and check out our website for links to specific help sites:

- [www.standupnewfound.org](http://www.standupnewfound.org)
- [www.facebook.com/standupnewfound](https://www.facebook.com/standupnewfound)
- [standupnewfound@gmail.com](mailto:standupnewfound@gmail.com)



### PARENT ADVISORY COUNCIL (PAC)?

The Parent Advisory Council (PAC) represents the voice of central NH families who are dedicated to building healthy environments and promising futures for our children and youth. The ultimate goal of these efforts is to create an engaging, positive environment that encourages healthy behaviors that lead to significantly higher numbers of drug-free young people. This will not only help our children succeed in school and life, but will also contribute towards an improvement in the overall quality of life in our community.

The PAC will provide a regular forum for the exchange of ideas and information among our community.

For more information, to get involved or for meeting times, please contact Liz Brochu at 603-536-9793, [ebrochu@cadyinc.org](mailto:ebrochu@cadyinc.org), or visit [cadyinc.org](http://cadyinc.org).



# ALEXANDRIA TODAY OCTOBER 2020 EDITION

47 Washburn Road, Alexandria, NH 03222 [www.alexandrianh.com](http://www.alexandrianh.com) [alexandrianh@metrocast.net](mailto:alexandrianh@metrocast.net) 603-744-3220



## 2020 Census Information

The 2020 Census is easy. The questions are simple. The Census asks questions that provide a snapshot of the nation. Census results affect your voice in government, how much funding your community receives, and how your community plans for the future.

When you fill out the census you help:

- Determine how many seats your state gets in Congress
- Guide how more than \$675 billion in federal funding is distributed to states and communities each year
- Create jobs, provide housing, prepare for emergencies, and build schools, roads and hospitals

Visit [2020census.gov](http://2020census.gov) for more information.



## BLOOD DRIVES

**Saturday, September 26, 2020 from 9:00 am to 2:00 pm**

New Hampton Safety Complex, 26 Intervale Drive, New Hampton, NH

**Tuesday, October 6, 2020 from 12:00 pm to 5:00 pm**

Marian Center, 17 West Shore Road, Bristol, NH

**Tuesday, October 27, 2020 from 12:00 pm to 5:00 pm**

Marian Center, 17 West Shore Road, Bristol, NH

## 37<sup>th</sup> Annual TTCC Apple Festival



Annual Fundraising Event  
Supporting the Tapply-Thompson  
Community Center Program

## 37<sup>th</sup> Annual TTCC Apple Festival – 2020 Version!

Delicious Homemade Goods for Sale – *Apple Pies, Apple Crisps, Baked Beans, Fresh Bread, Apple Sauce & More!* Buy pies or crisps for the holidays – we sell them unbaked & frozen!!

**Apple Festival will be held this year with PRE-ORDERS only.**

Orders can be placed online at [ttccrec.org](http://ttccrec.org), a printable form is also available online at [ttccrec.org](http://ttccrec.org), or you can call the TTCC to order at 744-2713. Orders will be taken through October 7th.

**Orders will be ready on Saturday, October 10th**

**Pick-up Hours 9 am – Noon**

**Curbside order delivery**

*We would love to have volunteers to help with Apple Peeling. If you are interested call to set up a time as we will be limiting the number of people working at one time. Masks will be required.*



## ALEXANDRIA TODAY OCTOBER 2020 EDITION

47 Washburn Road, Alexandria, NH 03222 [www.alexandrianh.com](http://www.alexandrianh.com) [alexandrianh@metrocast.net](mailto:alexandrianh@metrocast.net) 603-744-3220



### *TTCC Teen Council's* **PARENT'S NIGHT OUT**

**DATE: Saturday, October 17, 2020**

*From 5 pm – 10 pm at the TTCC!*

For ages 4 & up / \$15 per child.

Wear your best costume! Games, dinner, prizes!!

**Limit to first 25 kids to register. MUST BE PRE-REGISTERED! Call the TTCC at 744-2713.**

### **NH Marathon News**

NH Marathon supported by Title Sponsor, Hannaford of Bristol, NH

With a generous \$4,000 donation from store manager Christopher O'Leary of Hannaford Supermarket in Bristol, NH, Hannaford has become the title sponsor for the fourth year running in support of the New Hampshire Marathon.

The NH Marathon, First held in 1993 as a single race event run mainly around Newfound Lake, has evolved into four different race events: the 26.2-mile marathon, a 13.1-mile half marathon, a 10k race, as well as a kids' marathon, all run on the same day. Now, over 600 runners, hailing from New Hampshire, other states across the US, as well as from abroad, all flock to Bristol, NH to compete in these prestigious events. Both the marathon and half marathon have been recognized as superior races by Runners' World and the 100 Half Marathons Club. This year, the 28th NH Marathon events will be held on Saturday, October 3rd, 2020 beginning at 9:00 am. Same day registration opens at 7:00 am and half-marathon runners need to catch a bus to the start line at 8:00 am sharp.

Featured again this year, a Bonus Prize for anyone who beats the course record!

Total prize for 1st place \$1,000

Male (1995) – 2h 32m 55s

Female (2001) – 3h 7m 58s

Over the years, donor contributions, race entry fees, and funds from related events have raised over \$300,000 to benefit three local organizations: the Tapply-Thompson Community Center, Circle Program, and Mayhew Program. These non-profit organizations provide important support to area youth through year-round programs, touching and enriching the lives of over 500 children a year. This work would not be possible without the support of community partners such as Hannaford Supermarkets and many other local businesses.

Registration for the 28th annual NH Marathon, half marathon, 10k and kids' run is now open. Access [www.nhmarathon.com](http://www.nhmarathon.com) to complete the application.

Not a runner but want to help the cause? Please use the registration link to sign up to be a volunteer. You can also contact race headquarters at [race@nhmarathon.com](mailto:race@nhmarathon.com) or call 603-744-2713 for more information.

Teri Bordenave, Interim Executive

Circle Program 85 Main Street, P.O. Box 815 Plymouth, N.H. 03264

Phone: (603) 536-4244 Fax: (603) 536-2570

[www.circleprogram.org](http://www.circleprogram.org)

*Meeting minutes, newsletters, alerts and other helpful information is updated on the Town's website on a regular basis.*

**Visit us at [www.alexandrianh.com](http://www.alexandrianh.com) or find us on Facebook: <http://www.facebook.com/alexandrianh>**



# ALEXANDRIA TODAY OCTOBER 2020 EDITION

47 Washburn Road, Alexandria, NH 03222 www.alexandrianh.com alexandrianh@metrocast.net 603-744-3220

## Office Hours

### Selectmen's Office – 744-3220

Monday: 8 am to 4 pm  
Tuesday: 8 am to 5 pm  
Wednesday: 8 am to 4 pm  
Thursday: 8 am to 4 pm  
Friday: CLOSED

### Town Clerk/ Tax Collector – 744-3288

Monday: 9 am to 4 pm  
Tuesday: 9 am to 7 pm  
Wednesday: 9 am to 4 pm  
Thursday: 9 am to 4 pm  
Friday: CLOSED

### Transfer Station

Monday: 8 am to 4 pm  
Wednesday: 10:00 am to 6:00 pm  
Saturday: 8 am to 4 pm  
*\*Must arrive 15 minutes prior to posted closing time\**

### Police Department 744-6650

Chief Donald Sullivan  
When dispatcher picks up, give dispatcher your message. They will page an officer on the radio. Cell phones are not reliable locally.

### Highway Department – 744-6516

Jeff Cantara, Road Agent

### Planning Board – 744-8986

*Deliberative Meetings: 3<sup>rd</sup> Wednesday of each month at 6:00 pm  
Open 1 hour prior to meeting.  
Items to be included on the agenda must be received 21 days prior to the meeting.*

### Conservation Commission

To contact the Conservation Commission:  
e-mail: alexandrianh@metrocast.net  
Phone: 603-744-3220  
Mail: 47 Washburn Road  
Alexandria, NH 03222

## BURN PERMITS

**Burn permits can now be obtained online -**

<http://www.nhfirepermit.com/>

All categories of burn permits are also available in the Selectmen's Office during normal business hours.

**Before burning, please check the daily predicted fire danger.**

**Visit**

[www.nhdfi.org/Community/Daily-Fire-Danger](http://www.nhdfi.org/Community/Daily-Fire-Danger)

**The daily fire danger rating may also be obtained by calling the Division of Forests and Lands wildfire information line (toll free): 1-866-NH-FIRES (866-643-4737)**

## ALEXANDRIA FIRE DEPARTMENT

158 Washburn Road, Alexandria, NH  
PHONE: (603) 530-2229  
FAX: (603) 744-3165  
Emergency: 911  
fire@alexandrianh.com

## UPCOMING MEETINGS:

*\*Please check website for up-to-date meeting schedule – These meeting dates and time may change due to the ongoing concerns with COVID-19. Meetings will always be available to the public and we will be making efforts to have the meetings live streamed. Please also email [alexandrianh@metrocast.net](mailto:alexandrianh@metrocast.net) with any questions or concerns you would like included in the public meeting.\**

Tuesday, October 6, 2020: Selectmen's Meeting at 6:00 pm  
Transfer Station Siting Committee immediately following Selectmen's Meeting  
Tuesday, October 13, 2020: Budget Committee Meeting at 6:00 pm  
Tuesday, October 20, 2020: Selectmen's Meeting at 6:00 pm  
Transfer Station Siting Committee immediately following Selectmen's Meeting  
Wednesday, October 21, 2020: Planning Board Meeting at 6:00 pm  
Tuesday, October 27, 2020: Budget Committee Meeting at 6:00 pm  
Wednesday, October 28, 2020: Conservation Commission Meeting at 6:30 pm

*All meetings are held in the Conference Room at the Municipal Building (47 Washburn Road) and open to the public unless otherwise noted. Selectmen: All appointments and agenda items for Selectmen's meetings must be submitted to the Selectmen's Office by 4:00 pm the Thursday before the meeting. The Selectmen hold work sessions as needed at 5:00 pm prior to the meetings.*

*Planning Board: Items to be included on the agenda must be received 21 days prior to the meeting.*

*Selectmen's Meetings can be viewed on Atlantic Broadband Channel 24 on Mondays at 8pm, Wednesdays at 9 am, and Saturdays at 3 pm.*

*Meeting minutes, newsletters, alerts and other helpful information is updated on the Town's website on a regular basis.*

**Visit us at [www.alexandrianh.com](http://www.alexandrianh.com) or find us on Facebook: <http://www.facebook.com/alexandrianh>**